www.healthspectrum.org

August, 2017

Volume 2

Number 14

Price ₹ 75



Endovascular Neurosurgery

Treatments for allergic rhinitis Joint Replacement Surgery Breast Augmentation

FAILED PROSTATE: A NEW HOPE AT ALL STAGES

Dr. R. K. Tuli, the global pioneer of Holistic Medicine therapy expressed that in his clinical experience the all inclusive drug-free model of treatment has been highly efficient and reproducible in all failed Prostate conditions.



FAILED PROSTATE A NEW HOPE AT ALL STAGES

The prostate is a walnut-sized gland located between the urinary bladder and the penis, just in front of the rectum. The urethra runs through the center of the prostate, from the bladder to the penis, letting urine flow out of the body.

Role Of Prostate:

The prostate secretes fluid that nourishes and protects sperms. During ejaculation, the prostate squeezes this fluid into the urethra and it's expelled with sperms as semen. The vasa deferentia bring sperm from the testes to the seminal vesicles. The seminal vesicles contribute fluid to semen during ejaculation.

Prostate Disorders:

A. Prostatitis: It's commonly caused by infection and treated by antibiotics. When not controlled adequately,

the infection may spread in the region to infect testes, epididymis, seminal vesicles, urinary bladder, the urethra, etc., leading to miserable inflammation in the whole region

B. Enlarged Prostate With Normal PSA: Called benign prostatic hypertrophy or BPH. The prostate growth affects virtually all men over the age of 50 years. Symptoms of difficult urination tend to increase with age, up to 90% of men have symptoms of BPH by age 85, but only about one-third of men with BPH are bothered by the symptoms. Usually Alpha-blockers or 5-alpha-reductase inhibitor medicines are used as a first line of treatment to relieve symptoms of an enlarged prostate. When drugs cease to help the urine flow freely some men require surgery to improve symptoms and prevent complications.

C. Enlarged Prostate With **Raised PSA**: This situation has to be closely observed to watch for malignancy.

D. Prostate Cancer: It's the most common form of cancer in men. but only one in 35 men die from prostate cancer. Surgery, radiation, hormone therapy, and chemotherapy can be used to treat prostate cancer. Some men choose to delay treatment, which is called watchful waiting.

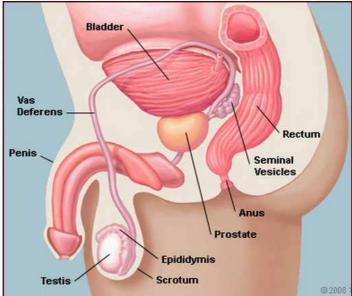
E. Post-Surgical Incontinenece Of Bladder: A few men after surgical resection of the prostate gland suffer life-long loss of control over their bladder due to irreversible damage to their sphincters, leading to embarrassing and foul smelling 'leaky bladder' or dependence on 'diapers'.

Holistic Medicine Therapy For Failed Prostate

Dr. R. K. Tuli, the global pioneer of Holistic Medicine therapy expressed that in his clinical

experience the all inclusive drug-free model of treatment





Male Anatomy of Reproduction

Enlarged Prostate

Normal Prostate

Holistic Medicine

has been highly efficient and reproducible in all of the above Failed Prostate conditions. This fact is endorsed by his patients for each of the above mentioned conditions with a message that the benefits of Holistic Medicine must be further explored and made available to all, especially when the conventional medical interventions have failed.

TESTIMONIALS A. Chronic Incurable **Prostatitis**



One of the greatest Indians and founder of world famous Hindustan Computers Limited (HCL), Padma Bhushan Awardee, Mr. Ajai Chowdhry likes to share, "I was referred to Dr. Tuli by my neighbour as he had been cured of an incurable ailment. I had continued to suffer from Chronic Prostatitis & Orchitis for over10 years in spite of all possible and best of medical advice in the world; in addition I suffered from 'Uveitis'; Cervical & L-S Spondylosis with PA Shoulder and Osteoarthritis of Both T-M & Knee Joints: Bronchial Asthma & Sinusitis; Hypertension, Hyperlipedemia and CAD: DVD-PTCA over the last 20 years. I feel happy to announce that I have been CURED at this "SOHAM" Clinic of all these problems concurrently over one year of spaced drug-free holistic medicare therapy. The cure has been so complete that I do not need any medicines, now. It's been a great experience to recover lost health and attain wellness. I strongly recommend to all those who are disappointed

What is Holistic Medicine

Holistic Medicine is the wholesome approach to Health where each individual is treated as a whole 'Body, Mind & Spirit' by a synergy of the evidence based 'science' of modern medicine with the highly complementary and reproducible time honoured 'art' of various drug-free modalities of officially recognised traditional systems of health to Eliminate Sickness and promote Positive Health and Total Wellness.

Holistic Medicine = Modern Medicine + Alternate Medicine (CAM) (Alternate / CAM = Traditional Indian & Chinese + NewAge Medicine)

Holistic Medicine

[Conservative Medicine + Life-Style & Stress Management + Nutrition + Ashtanga Yoga + Acupuncture-Reflexology + Panchakarma-Detoxification + Counseling-Hypnotherapy + Reiki-Pranic Healing-Chakra Balancing + Regenerative Medicine]

by their medications to come here, GET WELL, and Live Life all over again."

B. Enlarged Prostate With Normal PSA

Mr. Prakash C. Jhalani, who himself is an ardent Vipassana practitioner for decades and author of a book 'MEDI-TATE' likes to highlight, "Observing dramatic improvement in the condition of my younger brother, I also decided to join Dr. Tuli's Centre for Holistic Medicare for my symptoms of Benign Prostate Hypertrophy, in spite of prescribed medical treatment."

Mr. P. C. Ihalani who is now in 80th year of his life, states, "In addition to BPH, I suffered from Tremors in my both arms due to Parkinson's Disease, Cervical & Lumbo-Sacral Spondylosis, Uncontrolled Watering from Eyes, Hypertension, Chronic Bronchitis-Dry Cough for over 20 years and Dyspepsia with poor state of health due to depletion of energy, etc. After undergoing treatment at Dr. Tuli's Clinic without any medicines over the last six months, the symptoms due to Prostate are all gone, I feel more energetic and healthier, Dry Cough has been cured, Watering in the Eyes and Trembling of Hands has reduced substantially. Blood pressure is now under control without any medica-

He likes to highlight, "The best part of treatment is the realization that existence of human beings is a composite one of spirit, mind and body, and not the

body alone. Efforts are made during this treatment towards synchronization of the existence at all levels and to get and remain in touch with the omnipresent, omnipotent and omniscient universal consciousness or the higher power. The treatment done by Dr. Tuli is an excellent service to the humanity and I hope and wish that many qualified doctors will adopt the procedures done by Dr. Tuli in the service of suffering humanity."

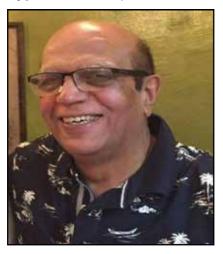
C. Enlarged Prostate With Raised PSA

Mr. Yogesh Jhalani, "I arrived at Dr. Tuli's Clinic "SOHAM" with symptoms of Prostate Hypertrophy with doubtful Cancer due to raised PSA of 14.56 (Normal < 4.0); the Ultrasound revealing Rt. Ureterocele. I had made up my mind to not go to a hospital because of associated torment and limitations of medical care. In that situation Dr. Tuli's words were reassuring that his therapy should help me to overcome the problem comprehensively; and at the same time even eliminate 8 years of medication for Hypertension. I like to share that I started improving in my health from day one, and realize as I look back 3-4 months how it has helped me to eliminate all the symptoms, improve all-round 'quality of life'. As a bonus my Blood Pressure remains normal without any medication. I feel happy to share that I certainly feel 10 years younger today, than the day I commenced this therapy!"

Holistic Medicine

D. Prostate Cancer

Mr. Satish Bhatia, a 70 years old business entrepreneur from Delhi states, "My family was confused due to varying opinions on treatment of my ADENOCARCINOMA Grade II of my PROSTATE by the various leading specialist doctors. But, my son who lives in California, USA advised us to consult Dr. Ravi Tuli in New Delhi. After being fully convinced about his approach to drug-free, natural and harmless method of treatment, the family preferred to go for it. It turned out to be very interesting procedure whereby each successive



session of therapy kindled a sense of well being and the symptoms starting regressing, gradually on to normalisation of my gland to the extent that my Urologist declared me CANCER FREE and fully CURED! Successive follow-ups by doctors at the top NCR Delhi hospital over the last three years continue to endorse success of this therapy. I must add that Dr. Tuli's holistic medicine therapy has definitely made me feel much healthier and happier, and as an

additional benefit, it has also helped me to improve my hypertension and coronary heart disease of over 25 years."

E. Post-Surgical Incontinence of Bladder

Dr. Pervez Ali Ahmed, a world renowned Cardiologist and son of Late Hon'ble Fakhruddin Ali Ahmed, a former President of India wishes to share. "I have known Ravi for five decades and have met him in various capacities. I've always heard of his exceptional work with Complementary Alternate Medicine. Now, I've experienced him at my personal level for my problem of 'Post-Operative Urinary Incontinence, following my surgery for Benign Prostate Hyperplasia '. The work he is doing is commendable. The results are outstanding, though anecdotal are obvious objectively. He has the knowledge, dedication and ability to harness the 'Universal Energy' and utilize it for wholesome benefits – that it helped me to overcome my other problems concurrently of 'Low Backache -Severe Coccydynia + Sciatica due to Prolapsed Inter-Vertebral Discs & L4Radiculopathy; Arthralgia Lt Knee & Rt Ankle; Seasonal Bronchitis, and CAD-Post PTCA, etc. I promise him all the support in his mission to promote Holistic Medicare."

It's no wonder that Dr. Tuli is so passionate to share miracles of such wide spectrum of stories which prove the efficacy and versatility of Holistic Medicare. It reveals the potential to tremendously improve the way medicine is practiced today. The efficacy of modern medicine enhanced by CAM therapies brings out the best to offer to the humanity at large. After all, given an opportunity, nobody would like to suffer the process and



misery of medical interventions which do not even assure a clean recovery.

At the same time Dr. Tuli, cautions that to establish its universal acceptability we need large scale multicentric scientific studies and develop evidence based protocols for the larger benefits of humanity that help in entire range of chronic and incurable medical conditions at a fraction of cost.

He stated that in the absence of medical profession extending benefits of CAM practices, a vast number of 'quacks' are exploiting their inherent goodness without scientific fervor and even mislead the society. Therefore, the medical profession must raise its level to complement the benefits of Holistic Medicine for "Health For All".

He appeals to his peers to open their minds and rise above to extend humane benefits of complementary alternate medicine (CAM) which has the infinite potential to enrich the 'science' of modern medicine with the 'art' of time honoured practices of traditional systems of health to restore the old glory of the profession.



offer "HEALTH FOR ALL" at all ages of life and all stages of every sickness.

"SOHAM" The Clinic for Holistic MediCARE & CURE D-961, New Friends Colony, New Delhi-110025 Tel. 91 11 2691 4787 / 2692 4787 / 981122 4787

◄ he all inclusive and integrative approach to total health, termed Holistic Medicine, extends the best of harmless and drug-free modalities of all the systems of medicine to enable CURE of even conventionally incurable ailments to